

WASHINGTON-SARATOGA-WARREN-HAMILTON-ESSEX  
BOARD OF COOPERATIVE EDUCATIONAL SERVICES

ADMINISTRATIVE REGULATION

PHYSICAL RESTRAINT

Any staff member using physical restraint with a student must:

1. Document the incident in written form (Student Incident form);
2. Report the incident to the appropriate administrator by the end of the school day in which the incident occurred. The report should indicate the student behavior that precipitated the use of the physical restraint including observations of any witnesses.
3. Ensure that the student is taken to the school nurse, immediately following the incident, to be evaluated.
4. Have the school nurse document the examination of the student on a student incident report form.

[Note: Only staff members who are trained in appropriate crisis prevention and physical restraint methods should use them.]